

ALTERNATIVE MANAGEMENT ON HOME ISOLATED PATIENT OF COVID – 19

¹ *Krishna Prasad Subedi, ¹Sanjaya Karna, ²Sushil Adhikari, ²Narendra Siwakoti, ²Madan Raj Pandey, ²Ibrahim Waris Ansari, ²Tara Dawadi, ²Suk Bahadur Tamang, ³Sapana Dahal, ⁴Lekh Nath Poudel, ⁵Khem Bahadur Karki5,

¹All Nepal Homeopathic Association, Nepal

²B.P.Koirala Memorial Cancer Hospital, Bharatpur, Nepal

³Makawanpur Multiple Campus, Hetauda, Nepal

⁴Aroma Secondary School, Bharatpur, Nepal

⁵Institute of Medicine, Tribhuvan University, Nepal

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Abstract

Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered Coronavirus. According to the protocol of Ministry of AYUSH, Arsenic Album-30 is prescribed in order to control and prevent the pandemic of the corona virus. A woman who had taken the medicine was found with corona virus after six months. By analysis her family history, she was suffering after 6 days then her husband. She was advised to take the alternative Homeopathic drugs. She doesn't have any major complication and her PCR report was negative after 11th days. In such type of case study regarding the Corona Virus, Homeopathic drugs is found effective for the control and treatment of it and this system can be implement along with the main system of treatment of the nation. Homeopathic treatment system should be integrated with other treatment system and while formulating policies and programmes for control and treatment during such types pandemic.

Keywords: Alternative management, Coronavirus, Pandemic, Homeopathic medicine.

INTRODUCTION

Novel Coronavirus (COVID-19) is the most recent one in the world Firstly; it was detected in Wuhan city of China in December, 2019 and became pandemic in the short span of time. Since the pandemic of COVID-19 is alarming the globe, the number of infected cases around the world is increasing day by day. History of human corona virus started in 1965 with the first coronavirus B814. It was discovered by Tyrell and Byoe. It was detected in the trachea of the respiratory tract in an adult who was suffering from common cold. Since then different forms of corona virus exit in this earth. Recently, the world is under the epidemic of new type of coronavirus (COVID-19) which is believed to be worldwide through its origination in Wuhan, China. Till now it has reached to across the globe. It is also a virus that is transmitted through contact with an infected person. This contact can be through respiratory droplets or salivary droplets during the coughing or sneezing of the infected person. It has led to high mobility and mortality rate in China, Europe, United States and most of the other countries in the world. It has lead to unprecedented health crises throughout the world. Many people are dying because of disease and hunger in the world due to corona virus. So on March 11, 2020 the world health organization (WHO) declared COVID-19 as a global pandemic. COVID 19 is caused by a novel corona virus which is also known as severe acute respiratory syndrome coronavirus (SARS-COV-2). Although the large numbers of individuals infected with COVID-19 globally, it is bitter fact that there is no medicine invented by now. Homeopathy is a kind of medical science which treat the patient according to symptoms of similarity but not a disease.

Homeopathic medicine is prepared by drug dinamization process based on homeopathic pharmacy & pharmacopeia. Homeopathic pharmacy & pharmacopeia is doctrine by homeopathic medicine and philosophy . All of the potentized homeopathic medicine prepared by drug proving and having curative power. Being a curative power in homeopathic medicine it can be cure the patients based on totality and majority of symptoms. Whereas, Similimum is an essential for permanent cure. Therefore the aim of this study is to hit upon the COVID 19 corona vorus pandemic situation for prevention control and treatment by homeopathic medicine.

MATERIALS AND METHODS

A case study is done with patient suffering from corona virus, who is staying at home isolation under direct observation of Homeopathic expert and treatment. Similia similibus curentur or "like cures like" is the main instrument for drug administration.

Limitation of the study: This study has the inclusion of single persons of home isolation having Covid 19 problem. Alternative Homeopathic medicine was prescribed based on symptoms of similarity. This study being the inclusion of single Covid 19 patients may not fully be accepted in general but it is hoped to be an extra study and research from the point of alternative homeopathic treatment.

RESULTS

This study explains the home isolated cases from 12 – 11 – 2020 to 23 – 11– 2020, based on the homeopathy. The patient was treated by homeopathic medicine based on symptoms of similarity. The treatment and outcome was presented as below.

Corona +ve cases : CT value : 19.1					
S.N.	Dated	Symptoms	Medicine	Dose	Remarks
1	12 – 11 - 2020	1. Mild Headache, bodyache,	Arsenic Album 30	TDS	
2	13 – 11– 2010	Headache, >open air dryness of mouth	Bryonia Alba 30	TDS	
3	14– 11 2020	Profuse sweat at night	Phosphorus 30	TDS	
4	15 – 11- 2020	Diarrhoea	Nu vomica 30	TDS	
5	16– 11- 2020	Dryness/diarrhoes	Nux vomica 30	TDS	Improved
6	17 – 11 2020	Dryness	Bryonia 30	TDS	
7	18– 11 2020	Dryness	Bryonia 30	TDS	
8	19-11-2020	Great thirst	Gelsimium 30	TDS	
9	20-11-2020	Thirst	Bryonia 30	TDS	
10	21-11-2020	Thirst	Bryonia 30	TDS	
11	22-11-2020	Normal	-		
12	23 – 11 2020				PCR -ve

DISCUSSION

Homeopathy has a well established history of efficacy in epidemics. The 1918-1920 influenza pandemic was the most devastating worldwide epidemic that has ever been recorded, killing between 50 and 100 million people. It claimed more lives than World War I and more people died of influenza in a single year than in four-years of the black-death bubonic plague that swept through Europe from 1347 to 1351. The mortality rate of the 1918 influenza pandemic was about 30% with most people dying from pneumonia after contracting influenza. However, the death rate in people treated with homeopathy was dramatically lower. For example, the American Institute of Homeopathy (AIH) reported that 88 physicians treated 26,795 patients with a loss of 273 cases, a mortality of 1.02%. Many more detailed reports can be found in André Saine's referenced debate paper about the quality of homeopathic medicine, dated March 28, 2013. Homeopathic treatment was also extremely effective in during Typhus Fever (1813), Cholera (1831, 1854 and 1855), Diptheria (1862-1864). Reports show that the mortality rates in patients treated with Homeopathy were considerably lower for all these illnesses compared with conventional treatment. Homeopathy is the primary system of medicine for about 100 million people in India and Arsenicum Album 30c has been recommended as a prophylactic for 2019n-Cov by the AYUSH Ministry of the Government of India. AYUSH are recommending Arsenic Album 30c once daily for three days repeated after a month if needed. Thousands of people are dying throughout the world due the pandemic of corona virus and there is no any modern treatment and medication of it. Under this panic condition, Homeopathic treatment system, according the protocol of the Ministry of Ayush, Arsenic Album-30 is prescribed to the general people to save their life. In this process, a woman who had had taken the Arsenic Album-30 is found with corona virus positive after 6 months later. She was traced, when her husband was found positive. She doesn't show any major symptoms and complication. She was found that, she was medicated under the supervision of Homeopathic expert and her PCR was negative after 11th days. So, Homeopathic treatment system can be used for the treatment of corona virus infection along with the other treatment system.

Conclusion

With the help of our case-studies, we can have concluded that, we can use the Homeopathic treatment system to treat the corona virus patients along with the other treatment system.

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